



# Surya Sen Mahavidyalaya

Siliguri



**ASSESSMENT PERIOD**  
**2018-2019 TO 2022-2023**

**SUPPORTING ATTACHMENTS**

**CRITERION – 3**

**Key Indicator – 3.4 Extension Activities**

***3.4.1 Outcomes of Extension activities in the neighborhood community in terms of impact and sensitizing the students to social issues for their holistic development during the last five years.***

**Content:**

- **Adult Literacy Camp**
- **Free Education camp for under-privileged children**
- **Social awareness programs on health and hygiene**
  - **Anti-Drug and No Tobacco Campaign**
- **Campaigns for prevention of communicable diseases**
  - **Acid Fly awareness**
  - **Dengue Awareness**
  - **Covid Vaccination**
  - **Blood Donation Rally**
- **Students' Aid Camp for Secondary Examinees**
  - **Awareness against Superstitious Belief**
    - **Distribution of food and clothes**
    - **The Save Water Campaign**
- **Community Engagement Programs**
  - **Drain Construction**
    - **Road Repair**
  - **Medical Assistance**
    - **Flood relief**
  - **Tailoring Training**
  - **Engagement in Public Service**

# LIFE SKILL AND WELL BEING CELL

## Surya Sen Mahavidyalaya

**NAAC ACCREDITED**

A Multi Stream Govt. Aided College & Recognized by UGC u/s 2(f) &12(b)  
(Affiliated to University of North Bengal)

**ESTD. 1998**  
ISO9001:2015

Date: 30.06.23

Event Name: Adult Literacy Camp

Organized by Life Skill and Wellbeing Cell Surya Sen Mahavidyalaya



ADULT LITERACY PROGRAM

**DR. P.K. MISHRA**  
Principal  
Surya Sen Mahavidyalaya  
Siliguri - 734004

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**ESTD.1998**  
ISO9001:2015

Date: 30.06.23

### REPORT ON ADULT LITERACY CAMP

**OBJECTIVE:** The objective of this program was to provide elementary education to women.

**PLACE:** Adopted village Jabravita and volunteers' locations Dhaknikata, Suryasen colony Block B & Block D, Tikiapara, Matigara, Mahakalpally and Salugara.

Life Skill and Wellbeing Cell, Surya Sen Mahavidyalaya took an initiative to arrange the program on adult literacy at adopted village and also in the location of volunteer's residential area. Motivation to start such program came after having conversation with women of the adopted village. They had knowledge on epics like Ramayana, Mahabharata and Geeta and they could dictate the stories of epics to their grandchildren but they could not help children in their studies. They could pay the right bill at shops but could not help grandchildren in their mathematics. We focused on basic literacy skills such as reading, writing, numeracy, and functional skills that are relevant to their daily lives. Alongside literacy skills, life skills training were integrated into adult literacy programs. This helps learners develop critical thinking, problem-solving, and decision-making abilities, empowering them to make positive changes in their lives and communities.

The year wise numbers of programs organized by the students are as follows:

- 2018-19: 30
- 2019-20: 69
- 2020-21: 105
- 2021-22: 156
- 2022-23: 182

A total number of 32080 people were benefitted over the past five years from 542 programs and 255 student volunteers participated in the above program.



*Prasad.*  
Coordinator  
LIFE SKILL & WELL BEING CELL  
SURYA SEN MAHAVIDYALAYA

*Dr. P.K. Mishra*  
DR. P.K. MISHRA  
Principal  
Surya Sen Mahavidyalaya  
Siliguri - 734004

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ESTD. 1998  
ISO9001:2015

Babita Prasad

Date: 30.06.23

Event Name: **Free Education camp**

Organized by Life Skill and Wellbeing Cell Surya Sen Mahavidyalaya



**DR. P.K. MISHRA**  
Principal  
Surya Sen Mahavidyalaya  
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### Free Education Class at Jabravita

Date: 30.06.23

#### REPORT ON FREE EDUCATION CAMP

**OBJECTIVE:** The objective of this program was to provide proper guidance which they don't get at home.

**PLACE:** Adopted village Jabravita and students' locations Dhaknikata, Suryasen colony Block B & Block D, Tikiapara, Matigara, Mahakalpally and Salugara.

Life Skill and Wellbeing Cell, Surya Sen Mahavidyalaya took an initiative to arrange the program on free education at adopted village and also in the location of volunteer's residential area. Children in slums do not get proper education and career guidance/ help at home. Volunteers help these children in the evening or on holidays. Besides their subjects in school they were also trained in drawing, singing, dancing recitation, sports, craft making etc.

The year wise numbers of camps organized by the students are as follows:

- 2020-21: 26
- 2021-22: 29
- 2022-23: 28

A total number of **3800 children** were benefitted over the past three years from **83** programs and 150 student volunteers participated in the above program.



*Babita Prasad*

Babita Prasad

Convener

LIFE SKILL & WELL BEING CELL  
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*DR. P.K. MISHRA*

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Date: 30.06.23

Event Name: **Anti-Drug and No Tobacco Campaign**  
Organized by Life Skill and Wellbeing Cell Surya Sen Mahavidyalaya



PARTICIPATION IN ANTI DRUG RALLY ON 04.08.18



DR. P.K. MISHRA  
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NO TOBACCO AWARENESS ON 31.05.2019

Date: 30.06.23

### REPORT ON ANTI-DRUG AND NO TOBACCO CAMPAIGN

**OBJECTIVE:** The objective of this program was to Creating awareness about the harmful effects of tobacco and the importance of tobacco control.

**PLACE:** Adopted village Jabravita, surrounding area of Surya Sen Mahavidyalaya and at different schools in Siliguri

Life Skill and Wellbeing Cell, Surya Sen Mahavidyalaya organized educational workshops and seminars to educate individuals, especially youth and adolescents, about the dangers of tobacco use. We conducted awareness programs in schools, colleges, community centers, and public spaces to reach a wide range of audiences. We developed and distributed informational materials such as pamphlets, posters, and fact sheets that outlined the health hazards of tobacco use.

The year wise number of camps organized by the students is as follows:

2018-19: 05

2019-20: 12

2020-21: 01

2021-22: 04

2022-23: 15

A total number of 37 such programs were organized over the past five years and 265 student volunteers participated in the above program.



*Apurva*

Convener

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Date: 30.09.22

Event Name: Acid Fly Awareness Campaign

Organized by Life Skill and Wellbeing Cell Surya Sen Mahavidyalaya



Awareness on Acid flies through poster 07.07.22



**DR. P.K. MISHRA**  
Principal  
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Date: 30.09.22

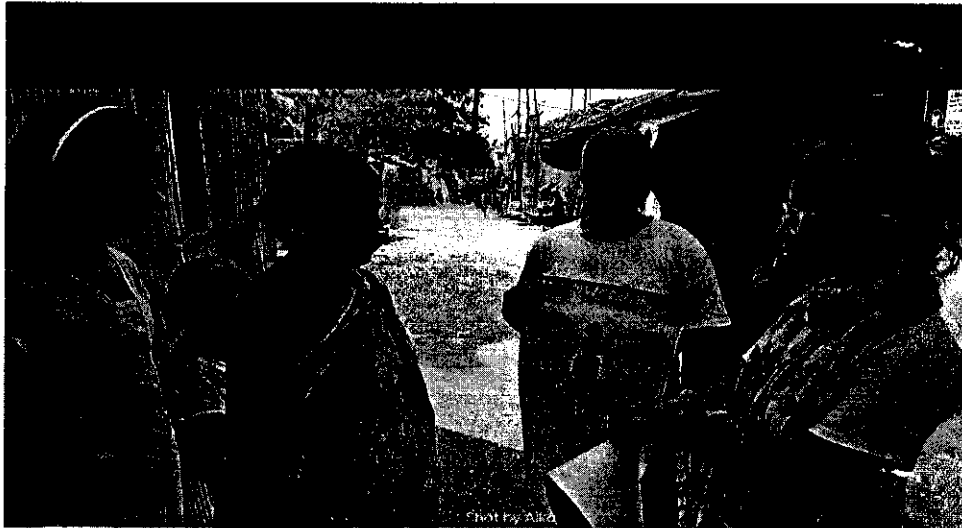
### REPORT ON ACID FLY AWARENESS CAMPAIGN

**OBJECTIVE:** The objective of this program was to Creating awareness about the harmful effects and prevention from acid fly bite.

**PLACE:** Throughout Siliguri town

Life Skill and Wellbeing Cell, Surya Sen Mahavidyalaya organized campaigning throughout Siliguri because the problem comes suddenly and lasted for a month. Many people were affected by the problem of etching and swelling. We did awareness through distribution of informational materials such as pamphlets, posters, and fact sheets and organizing Rallies.

Two such programs were organized during one month and 45 student volunteers participated in the above program.



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Date: 07.11.19

Event Name: Dengue Awareness Campaign

Organized by Life Skill and Wellbeing Cell Surya Sen Mahavidyalaya



Dengue awareness rally 07.11.19

**DR. P.K. MISHRA**  
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**ESTD.1998**  
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Date: 07.11.19

### REPORT ON Dengue awareness rally

**OBJECTIVE:** The objective of this program was creating awareness and precaution about dengue.

**PLACE:** Throughout Siliguri town

Awareness on Dengue, Malaria, and Chikungunya is crucial to prevent the spread of these mosquito-borne diseases. The message of this program was awareness about transmission of these diseases through mosquito bites, highlight common symptoms such as high fever, body aches, headache, and rashes, raise awareness about eliminating stagnant water in and around homes, as mosquitoes breed in water-filled containers like pots, tires, and discarded items. We also promote preventive measures such as using mosquito repellents, wearing long-sleeved clothing, and using bed nets, especially during peak mosquito activity times dawn and dusk and maintaining clean surroundings by removing garbage, unclogging drains. We also spread bleaching powder into the drains in order to stop the breeding of labra.

Only one such program was organized 600 student volunteers participated in the above program.



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Date: 30.06.23

Event Name: Vaccination Awareness Campaign

Organized by Life Skill and Wellbeing Cell Surya Sen Mahavidyalaya



Crowded Management at Vaccination Center

Date: 30.06.23

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30.6.23

### REPORT ON Covid awareness camp

**OBJECTIVE:** The objective of this program was community help.

**PLACE:** Throughout Siliguri

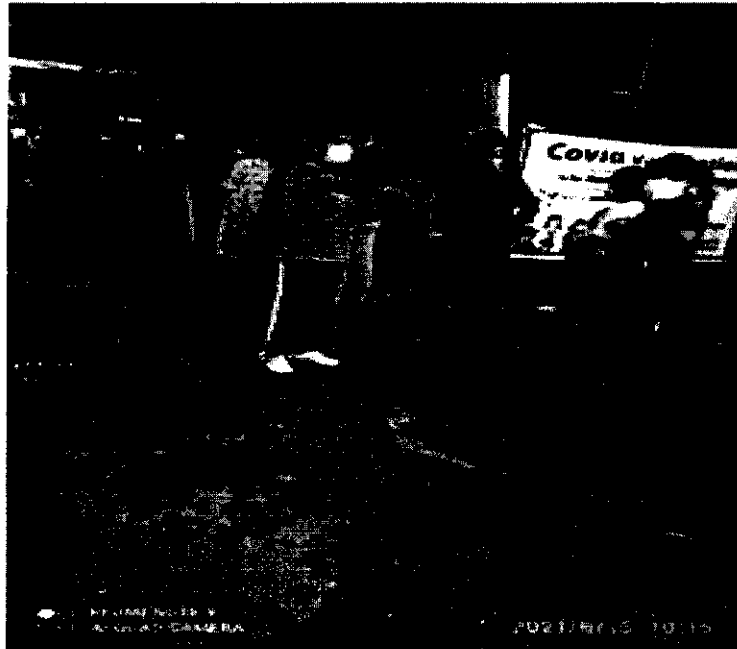
We managed the crowd at vaccination center. While managing the crowd we came to know that many people were not aware about co-win app. We made counter and helped people getting registration in co-win app. We collected vaccine coupons for old people otherwise they have to stand throughout night in queue. We supplied tea and biscuits in the morning to people in the queue. We went door to door to campaign and aware people to vaccinate.

The year wise number of camps organized by the students is as follows:

**2021-22: 80**

**2022-23: 55**

A total number of 135 such programs were organized during two years and 150 student students participated in the above program.



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Date: 19.01.23

**Event Name: Blood Donation Rally**

**Organized by Life Skill and wellbeing cell, Surya Sen Mahavidyalaya**



**DR. P.K. MISHRA**  
Principal  
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Date: 19.01.23

### Report On Blood Donation Rally

**OBJECTIVE:** The objective of this program was to aware people about requirement of blood in society and donating blood.

**PLACE:** Siliguri town

"It is the responsibility of every citizen to come forward and donate blood at least twice a year. Blood Donation will cost you nothing, but it will save a life. Every few seconds someone somewhere needs blood. " We organize rally to convey this message to public. Earlier people had a fear that blood donation would make their body weak but because of mass awareness people are realizing the fact and they are coming forward for donation.

Number of Students: 1800

Benefitted: 9300



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Date: 31.03.23

**Event Name: Students' Aid Camp for Secondary Examinees**

Organized by Life Skill and Wellbeing Cell Surya Sen Mahavidyalaya



**DR. P.K. MISHRA**  
Principal  
Surya Sen Mahavidyalaya  
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Date: 31.03.23

### Report On Students' Aid Camp for Secondary Examinees

**OBJECTIVE:** The objective of this program was to provide stationary, sanitary, water and First Aid help if required

**PLACE:** In front of several schools.

Life Skill and Wellbeing Cell, Surya Sen Mahavidyalaya took an initiative to arrange Students' Aid Camp for Secondary Examinees. During examination because of tension normally students forget to bring stationaries and in rush may suffer injury. We helped the needy students.

**Number of participants:** 200

**Students Benefitted:** 3600



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**Date:** 22.02.19

**Event Name: Awareness against Superstitious Belief**  
**Organized by Life Skill and wellbeing cell, Surya Sen Mahavidyalaya**



**DR. P.K. MISHRA**  
Principal  
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**Date:** 22.02.19

### Report On Awareness against Superstitious Belief

**OBJECTIVE:** The objective of this program was to aware people about modern medical system.

**PLACE:** Adopted village Jabravita

We invited members of Paschim Banga Vigyan Manch who created awareness about Superstitious and unscientific local practices. The students and teachers also did a street play on the importance of modern medical treatment and the importance of visiting certified and government medical facilities than to depend on local Ojha.

**Number of Students:** 1500

**Benefitted:** 8500



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**ESTD. 1998**  
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Date: 30.06.23

**Event Name: Distribution of food and clothes**  
**Organized by Life Skill and wellbeing cell, Surya Sen Mahavidyalaya**



**DR. P.K. MISHRA**  
Principal  
Surya Sen Mahavidyalaya  
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**Date:** 30.06.23

### Report on **Distribution of food and clothes**

OBJECTIVE: The objective of this program was community help.

PLACE: Villages, tea gardens, railway station, bus stand, outside hospitals

The poor and the daily workers were the worst affected due to the pandemic as they also had major problems with the supply of food. We supplemented government efforts and arranged for food for about 1500 to 1800 people on a **daily basis** by running community kitchens in collaboration with Ananda Marg Ashram for different slums, villages, tea gardens, railway station, bus stand, outside hospitals to family members of patients. We also feed animals.

- **Distribution of food and clothes** were carried out the neighboring tea gardens, railways stations, slum area and outside hospitals during the lockdown period.
  - **2020-21: 23**
  - **2021-22: 50**

A total number of **73** such programs were organized in two years, which benefitted more than **70000** people and 255 student volunteers participated in the above program.



Babita Prasad

  
**DR. P.K. MISHRA**  
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Date: 30.06.23

Event Name: The Save Water Campaign  
Organized by Life Skill and wellbeing cell, Surya Sen Mahavidyalaya



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30.6.23

### Report on the Save Water Campaign

OBJECTIVE: Help reduction in **wastage of water**

PLACE: Throughout Siliguri Corporation Area

We put taps in tap less pipeline on street where water keep on falling two hours in morning and evening each day. We put about 75 taps each year to save water. We motivate our students for such work. Students put tap in pipelines in their localities and even on the path way to college.

- **The Save Water Campaign** was carried out in the surrounding area of the city to stop the wastage of water by installing taps on open water pipes
  - 2019-20: 30
  - 2020-21: 50
  - 2021-22: 65
  - 2022-23: 61

A total number of 206 such activities were carried out over the past four years and 100 student volunteers participated in the above program.



Babita Prasad

*Babita Prasad*  
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Date: 30.06.23

**Event Name: Drain Construction**

**Organized by Life Skill and wellbeing cell, Surya Sen Mahavidyalaya**



**Constructing Drain at village Porajhar**

**DR. P.K. MISHRA**  
Principal  
Surya Sen Mahavidyalaya  
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### Report on Drain Construction

**OBJECTIVE:** The objective of this program was to Prevent Dengue.

**PLACE:** Porajhar

There was no drain system in the village Porajhar. Drain was prepared to solve the problem of water log and dengue related problem

One such programs was organized, which benefitted more than 1500 people living in that village and 70 student volunteers participated in the above program.



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ESTD. 1998  
ISO9001:2015

Date: 30.06.23

**Event Name: Road Repair**

**Organized by Life Skill and wellbeing cell, Surya Sen Mahavidyalaya**



**DR. P.K. MISHRA**  
Principal  
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### Report on Road Repair

**OBJECTIVE:** The objective of this program was to prevent accident because of potholes.

**PLACE:** Adopted village, surroundings areas of institution.

A depression or hollow in the road surface caused by heavy rain or ply of heavy vehicles are dangerous, it cause road accidents especially at night. These potholes were repaired using the waste materials thrown on the road side.

A total number of 5 such programs were organized in last five years, which benefitted more than 20000 people and 100 student volunteers participated in the above program.



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Date: 30.06.23

**Event Name: Medical Assistance**

**Organized by Life Skill and wellbeing cell, Surya Sen Mahavidyalaya**



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Date: 30.06.23

### Report on Medical Assistance

**OBJECTIVE:** The objective of this program was community help.

**PLACE:** Siliguri

We organized 20 days community engagement programme under Mahatma Gandhi National Council of Rural Education (MGNCRE), Department of Higher Education, Ministry of Education, Government of India from 06.06.21 to 25.06.21.

A total number of 05 such programs were organized in two years, which benefitted more than 50000 people and 200 student volunteers participated in the above program.



Babita Prasad

Convener

LIFE SKILL & WELL BEING CELL  
SURYA SEN MAHAVIDYALAYA

**DR. P.K. MISHRA**  
Principal  
Surya Sen Mahavidyalaya  
Siliguri - 734004

# LIFE SKILL AND WELL BEING CELL

## Surya Sen Mahavidyalaya

NAAC ACCREDITED

A Multi Stream Govt. Aided College & Recognized by UGC u/s 2(f) &12(b)  
(Affiliated to University of North Bengal)

ESTD. 1998  
ISO9001:2015

Date: 30.06.23

**Event Name: Flood relief**

**Organized by Life Skill and wellbeing cell, Surya Sen Mahavidyalaya**



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### Report on Flood relief

**OBJECTIVE:** The objective of this program was providing relief to affected people.

**PLACE:** Assam

Our students reached Assam to provide relief to flood affected area. They stayed there for 10 (19.05.22 to 28.05.22) days during flood disaster. They distributed tripal, food items, helped in reconstruction of their homes, medical help, community kitchen etc.

One such program was organized which benefitted more than 4500 people and 25 student volunteers participated in the above program.



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Date: 30.06.23

**Event Name: Tailoring Training**

**Organized by Life Skill and wellbeing cell, Surya Sen Mahavidyalaya**



  
**DR. P.K. MISHRA**  
Principal  
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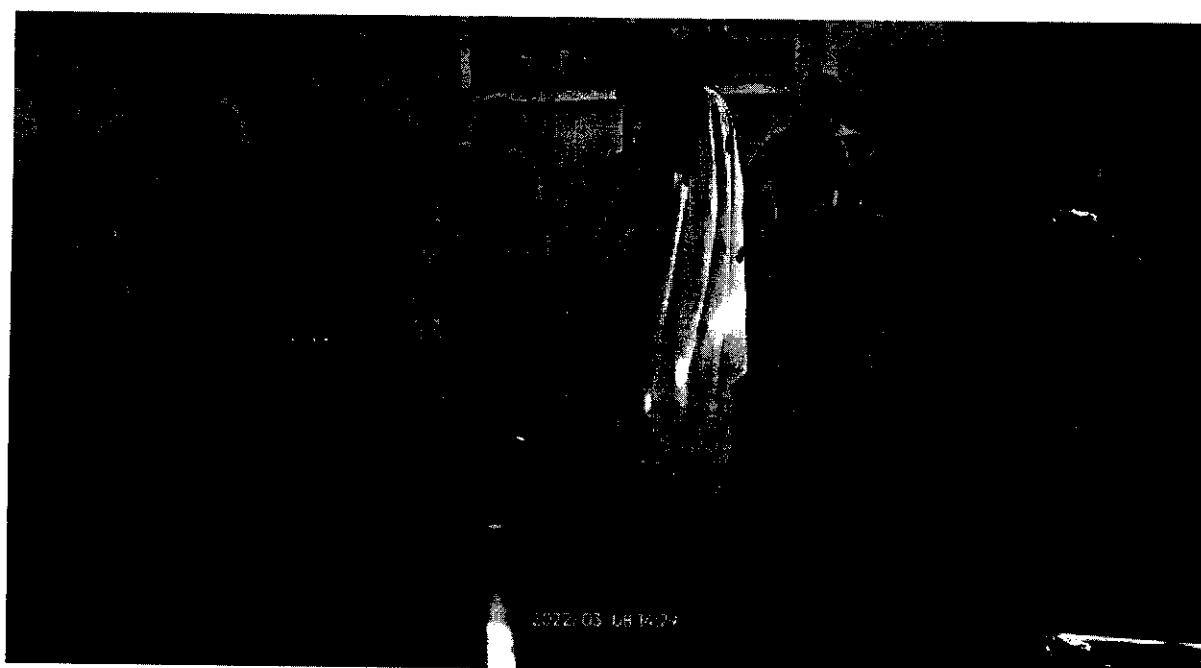
### Report on Tailoring Training

**OBJECTIVE:** The objective of this program was women Employability

**PLACE:** Adopted Villages

We found that there is good demand for women's night-wear (Nighty) in the Siliguri market. So we started training for the same and successfully trained about 200 women in sewing professional-quality nighty. Most of these 200 women are now running successful independent tailoring business.

A total number of 2 such programs were organized in last two years, which benefitted more than 500 people and 50 student volunteers participated in the above program.



Babita Prasad

*Prasad*

Convener

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Date: 30.06.23

**Event Name: Duware Sarkar, Engagement in Public Service**  
**Organized by Life Skill and wellbeing cell, Surya Sen Mahavidyalaya**



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### Report on **Engagement in Public Service**

**OBJECTIVE:** The objective of this program was community help.

**PLACE:** Siliguri Villages

The primary goal of Duare Sarkar camps is to extend the benefits of various schemes launched by the State Government to the intended beneficiaries. We were invited by the organizers to work volunteer in the camp.

A total number of 5 such programs were organized in last 5 years, which benefitted more than 80000 people and 300 student volunteers participated in the above program.



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