



Surya Sen Mahavidyalaya

Siliguri



ASSESSMENT PERIOD
2018-2019 TO 2022-2023

SUPPORTING ATTACHMENTS

CRITERION – 7.2.1

Best Practices

7.2.1. Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

Content:

- **Newspaper clipping for self-defence camp**
- **Photograph of self-defence training by NSS Unit II**
- **Karate Training**
- **Self-Defence Training Organized by Alumni and Life-Skill and Well Being Cell**
- **Trained NSS Volunteers running Self-Defence programs in Adopted village**
- **Documents of MoU with students' Health home**
- **Acid Fly awareness program with Students' Health Home**

SELF DEFENCE TRAINING FOR GIRL STUDENTS

College imparts self-defence skills among girl students



STATESMAN NEWS SERVICE
SILIGURI, 4 FEBRUARY

Surya Sen Mahavidyalaya in Siliguri has started imparting self-defense training for girl students.

The training which kicked off yesterday, was a long-pending dream of the college, officials said. So far,

168 students have expressed their interest in learning the self-defense skills, while it will take them a full three months to complete the basic course.

"The NSS Unit-II of the college had conducted such a training camp at Jabravita, an adopted village, near Siliguri, a few days ago, where 60 girls

were trained in self-defense skills," said the Programme Officer of the NSS Unit-II, Babi-ta Prasad.

College Governing Body President Jayanta Moulik and Principal Dr PK Mishra have announced that the entire cost for the training programme will be borne by the college.

DR. P.K. MISHRA
Principal
Surya Sen Mahavidyalaya
Siliguri - 734004

Event Name: POCSO (Protection of Children from Sexual Offences) ACT 2012
Organized by NSS Unit II, Surya Sen Mahavidyalaya



Seminar on "Karate, Brain Memory & Personal Skill Development":

The NCC unit in joint collaboration with IQAC of Surya Sen Mahavidyalaya had organized a one day seminar on Karate, Brain Memory and Personal Skill Development in association with Skill.com, on 25th April 2022. A total of 450 participants were present.




Lt. Arpita Roy
(ANO) 16 Ben Bn NCC
Surya Sen Mahavidyalaya
Siliguri


DR. P.K. MISHRA
Principal
Surya Sen Mahavidyalaya
Siliguri - 734004

POSTER FOR SELF-DEFENCE TRAINING PROGRAM



SURYA SEN MAHAVIDYALAYA

KABBADI (MEN & WOMEN)

AND

SELF DEFENCE TRAINING PROGRAMME (WOMEN)

Organized by

Alumni Association

in collaboration with

Life Skill and Well Being Cell



REGISTRATION IS
GOING ON

FOR FURTHER DETAILS PLEASE CONTACT :

9832433572



A handwritten signature in green ink.

DR. P.K. MISHRA
Principal
Surya Sen Mahavidyalaya
Siliguri - 734004




DR. P.K. MISHRA
Principal
Surya Sen Mahavidyalaya
Siliguri - 734004

TRAINED NSS VOLUNTEERS RUNNING SELF-DEFENCE PROGRAMS IN ADOPTED VILLAGE



KUDO MIXED MARTIAL ART ASSOCIATION, SILIGURI (W.B.)

Registered By: Certificate of Registration of Societies West Bengal Act, XXVI of 1961, SCL/No.6048
Head Office: Bhaktinagar, 56, Netaji Subhash Road, S.M.C. Ward No. 35, Siliguri - 734007 (W. B.) India
Member of Kudo Mixed Martial Art Association, Siliguri (W.B.) (KMMAA)
KMMAA Member of Kudo International Federation India (KFI),
KFI Member of Kudo International Federation Japan (KIF),
KIF recognized by Japan World Games Association (JWGA),
JWGA Member of International World Games Association (IWGA),
IWGA recognized by International Olympic Committee (IOC),
KUDO recognized discipline of School Games Federation of India (SGFI),
SGFI recognized by Ministry of Youth & Sports affairs Government of India

Patron:

Dr. SAMSUL ALAM

★

President:

SRI SAHADEV BARMAN

★

Vice-President:

Dr. DEBARSHI ROY

★

Secretary:

SRI RANAJIT KR. MANDAL

★

Joint Secretary:

SRI BISWAJIT JHA

★

Treasurer:

SRI SHUBHADEEP BASAK

★

Joint Treasurer:

SMT. JAYANTI BARMAN

★

Advisors:

SRI UTTAM CHAKRABORTY

SRI ASIM ADHIKARI

SRI AMIT DAM

Adv. SRI SANDIP PAL

SRI SUMIT BHATTACHARJEE

★

Members:

SMT. ANU GHOSH

SRI PRADIP GHOSH

SRI PRANOY CHOWDHURY

SRI UTTAM NATH

SRI KAUSHAL SAHA

SRI BISWANATH ROY

SMT. SASWATI ROY

Ref. No. 1634/KUDO/21

Date 19/12/2020

TO WHOM IT MAY CONCERN

This is to certify that Smt. Babita Prasad, Programme Officer NSS Unit II, Surya Sen Mahavidyalaya along with the NSS volunteers of this Unit, organised a 7 days camp at Jabravita for Self defence training to the girls of this village. 60 young girls completed the basic training which was conducted between the 9th December and 15th December 2020. A few shortlisted children will also get a chance of free coaching under Akshay Kumar Women's Self Defence Training.

Smt. Babita Prasad is an active and dynamic leader in organising and conducting this type of program. Her contribution and self sacrifice are exemplary. She is serving the greater causes of the society very well.

I wish every success to the NSS unit and Programme Officer in their entire endeavour.



Sahadev Barman

Web: www.akshaykumarkudojournal.com
www.kudoindia.org
www.bengalkarateacademy.in
E-mail: sahadevbarman@gmail.com,
Contact No.: +919434874639 / 9800890638

DR. P.K. MISHRA

Principal

Surya Sen Mahavidyalaya
Siliguri - 734004

KUDO MIXED MARTIAL ART ASSOCIATION, SILIGURI (W.B.)



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Head Office: Bhaktinagar, 98, Netaji Subhash Road, S.N.C. Ward No. 35, Siliguri - 734007 (W. B.), India
Member of Kudo Mixed Martial Art Association, Siliguri (W.B.) (KMMAA)
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SRI PRONDY CHOWDHURY

SRI UTTAM NATH

SRI KAUSHAL SAHA

SRI BISWANATH ROY

SMT. SASWATI ROY

Ref. No. 1635/KUDO/21

Date 3/2/2021

TO WHOM IT MAY CONCERN

Surya Sen Mahavidyalaya organised self defence training for girl students at college premises. NSS Programme officer, Smt. Babita Prasad, inspired the college authority to organise such training for girls. A total of 168 young girls registered their name for the training so far which is to be continued for 3 months. We are expecting the number to increase further. The NSS unit and its leader Ms Prasad are very much concerned about women's security. Few days back similar programme of 7 days duration was conducted at Jabravita.

I wish every success of NSS unit and Programme Officer. I also wish to continue our close collaboration and organise many other programs in coming days together.



Web: www.akshaykumarkudotournament.com
www.kudoindia.org
www.bengalkarateacademy.in
E-mail: sahadevkarate@gmail.com
Contact No.: +919434874839 / 9800890636

DR. P.K. MISHRA
Principal
Surya Sen Mahavidyalaya
Siliguri - 734004

KUDO MIXED MARTIAL ART ASSOCIATION, SILIGURI (W.B.)



Registered By : Certificate of Registration of Societies West Bengal Act, XXVI of 1961, SOL No 54346
Head Office : Bhaktinagar, 58, Netaji Subhash Road, S.N.C. Ward No. 35, Siliguri - 734007 (W.B.), India
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Chairman :
SRI VEJAY KUMAR SHAH

Vice-Chairman :
SRI ASIM ADHIKARI

Patron :
Dr. SAMSUL ALAM

President :
SRI SAHADEV BARMAN

Vice-President :
Dr. DEBARSHI ROY

Secretary :
SRI RANAJIT KR. MANDAL

Joint Secretary :
SRI BISWAJIT JHA

Treasurer :
SRI SHUBHADEEP BASAK

Joint Treasurer :
SMT. JAYANTI BARMAN

Advisors :
Adv. SRI SANDIP PAL
Prof. ARKAPRAVA MITRA
BADAL ROY
AMRITA GHOSH
BIDHAN CH. MANDAL
MD. RAFIKUL ISLAM

Members :
SMT. ANU GHOSH
SRI UTTAM NATH
SMT. SASWATI ROY
UCHCHAY CHAKRABORTY

Ref. No. 1679/Kudo/22

Date : _____

To Whom It May Concern

Life Skill and Wellbeing Cell & NSS Unit II, powered by IQAC of Surya Sen Mahavidyalaya, jointly run Self Defence Training for girl students. The training is organized 4 times a year. Each session is for 3 months.

We appreciate both cells for taking such a great initiative.

We believe that attending such a training program will boost the confidence level of the girls and help them protect themselves from any hazardous situations.



Web : www.sahaykumarkudotournament.com
www.kudoindia.org
www.bengaluretaacademy.in
E-mail : sahadevkarate@gmail.com
E-mail : kudommasiliguri@gmail.com
Contact : +919434874639 / 9600890938


DR. P.K. MISHRA
Principal
Surya Sen Mahavidyalaya
Siliguri - 734004

MoU WITH STUDENTS' HEALTH HOME FOR PROVIDING MEDICAL ASSISTANCE AT AFFORDABLE COST

MEMORANDUM OF UNDERSTANDING (MoU)

Between Students Health Home (SHH), Siliguri Regional Centre
And
Surya Sen Mahavidyalaya, Siliguri

This Memorandum of Understanding (MoU) is made and entered into on this 1st Day of April, 2023 by and between:

Students Health Home (SHH),
Siliguri Regional Centre,
Ashram Para (Panitanki More),
Ward no. 14, Siliguri,
Dist: Darjeeling, Pin: 734001

Hereinafter referred to as "SHH" which expression shall, unless repugnant to the context, include its successors and assigns of the **ONE PART**;

AND

Surya Sen Mahavidyalaya,
Block B, Surya Sen Colony
P.O. : Siliguri Town, Dist. : Jalpaiguri,
West Bengal (INDIA), Pin : 734004
Phone (Office): +91 353-2691488
Email: principal@suryasencollege.org.in

Hereinafter referred to as "Institution" which expression shall, unless repugnant to the context, include its successors and assigns of the **OTHER PART**.

WHEREAS:

- SHH is a healthcare organization committed to providing necessary health facilities and medical services to students.
- The Institution is a reputed educational institution responsible for the welfare of its students.
- Both parties recognize the importance of promoting the physical and mental health and well-being of students, thereby enhancing their overall educational experience.


Secretary
Students Health Home,
Siliguri


PRINCIPAL
SURYA SEN MAHAVIDYALAYA
SILIGURI-4


DR. P.K. MISHRA
Principal
Surya Sen Mahavidyalaya
Siliguri - 734004

4. The parties wish to formalize their collaboration by entering into this MoU to outline their respective roles and responsibilities.

NOW, THEREFORE, in consideration of the mutual covenants and promises contained herein, the parties agree as follows:

1. Provision of Health Facilities:

- a. SHH agrees to provide FREE necessary health facilities, medical check-ups, and healthcare services excluding First Aid and Emergency services to the students of Surya Sen Mahavidyalaya during the term of this MoU.
- b. SHH recognizes the importance of extending healthcare support to the extended community of the Institution. Therefore, SHH shall also provide necessary health care facilities to the parents and legal guardians of the students enrolled at the Institution. These facilities shall encompass a wide range of medical and surgical treatments, including the management of complicated health issues such as cancer.
- c. Furthermore, in the spirit of supporting the well-being of the teaching and non-teaching staff of the Institution, SHH is committed to extending its healthcare services to them as well.
- d. The said healthcare facilities will be available for parents/guardian /institution staff(s) at a very nominal charge (@50% of the package as assured elsewhere) at the Central Polyclinic of SHH, located in Kolkata (Address: 142/2, Acharya Jagadish Chandra Bose Road, Kolkata -700014 Contact: 033 2249 2886, mail: healthhome1952@gmail.com). This collaborative effort aims to ensure that not only the students but also their families, as well as the dedicated staff of the Institution, have access to comprehensive healthcare services when needed, fostering a healthier and more supportive educational environment.

2. Universal Membership Subscription:

The Institution undertakes to ensure that all its students become Universal Members of SHH by subscribing yearly at the rate of ₹10 (Indian Rupees Ten only) per student.

3. Term and Termination:

- a. This MoU shall be in effect for a period of 01 year (one) starting from the 1st Day of April, 2023 and shall continue in full force and effect until 31st Day of March, 2024 unless terminated earlier in mutual agreement in writing or for cause as provisions herein.
- b. Either party may terminate this MoU by providing written notice of 90 days to the other party.

4. Responsibilities of SHH:

- a. SHH shall provide healthcare services conveniently to the students.
- b. SHH shall ensure the availability of medical and para-medical diagnostic facilities to the Students of this Institution.
- c. SHH shall conduct regular (at least twice a year) health check-up camps and awareness programs related to health and hygiene.


Secretary
Students Health Home
Siliguri


PRINCIPAL
SURYA SEN MAHAVIDYALAYA
SILIGURI-4

5. Responsibilities of the Institution:

- a. The Institution shall facilitate the process of enrolling all its students as Universal Members of SHH.
- b. The Institution shall promote and encourage student participation in health-related events and programs organized by SHH.
- c. The Institution shall provide necessary support and cooperation to SHH in setting up Blood Donation Camp once in a year on its premises.

6. Confidentiality:

- a. Both parties agree to maintain the confidentiality of any sensitive information shared during the course of this collaboration.


7. Amendment:

- a. Any amendments or modifications to this MoU shall be made in writing and shall be mutually agreed upon by both parties.

IN WITNESS WHEREOF, the parties hereto have executed this Memorandum of Understanding as of the date first above written.


Secretary
Students Health Home
For Students Health Home (SHH), Siliguri Regional Centre.
Secretary, SHH Siliguri Regional Centre.

Debojit Chakrabarty
Anita Bhow


For Surya Sen Mahavidyalaya
Principal / Representative of the Principal M.C.

Date: _____

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Secretary
Students Health Home
Siliguri


PRINCIPAL
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SILIGURI


DR. P.K. MISHRA
Principal
Surya Sen Mahavidyalaya
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DR. P.K. MISHRA
Principal
Surya Sen Mahavidyalaya
Siliguri - 734004

Secretary
Students Health Home
Siliguri

Principal
SURYA SEN MAHAVIDYALAYA
SILIGURI

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IN WITNESS WHEREOF, the parties hereto have executed this Memorandum of Understanding as of the date first above written.

Debojit Chakraborty
Amit Kumar

[Signature]
21/4/22

For ~~Siliguri Health Home (SHH)~~, Siliguri Regional Centre.
Secretary, SHH Siliguri Regional Centre.

[Signature]
PRINCIPAL
For Surya Sen Mahavidyalaya, Siliguri:
Principal / Representative of the Principal M.C.

Date: _____

ACID FLY AWARENESS PROGRAM



DR. P.K. MISHRA
Principal
Surya Sen Mahavidyalaya
Siliguri - 734004